



Match activities between the Big and the Little are the heart of Big Brothers Big Sisters. It is through these activities that the relationship between the Big and the Little develops. It is through the relationship that positive outcomes occur.

The STAR Concept describes how best to carry out each activity between a Big and Little

- ❖ **SHOW** up. It is important to honor commitment-to be on time for planned activities, to meet once a week, and to continue the match for at least one year.
- ❖ **TOGETHER** decide on activities. The relationship should not be dictated by any one participant. Relationships develop best when both the Big and the Little have a voice in deciding what to do. Ideally, try to find activities which they both enjoy, or if not, alternate between what one prefers and then the other.
- ❖ **ALWAYS** have fun. Although the match has goals described at the initial Match Meeting, it is always most important that the relationship between the Big and Little be **FUN!** The challenge is to intertwine fun activities which also build personal strengths and expose the child to new experiences.
- ❖ **REWARD** and praise. The Big is encouraged to build frequent praise language in talking with the Little. Praise is best expressed with positive affirmations

In this packet we have provided you with some STAR activities to get your match started. Your Match Support Specialist will provide future activities to keep you and your Little engaged and having fun!

Materials for many of these activities can be found at the school you are volunteering at and some may require you to bring materials from home. It is encouraged to always talk to your Little about future activities so you can have a plan to bring materials from home and collect from the school as needed. If you ever need help getting materials for a specific activity, please talk to your Match Support Specialist.

LEGO Bridge Challenge!

Build a bridge with your Big that is able to cross the 'river' and also hold different objects without collapsing! See examples below.

Materials Needed:

- Legos
- Paper and markers to make 'river'
- Items to stack on top of Lego bridge

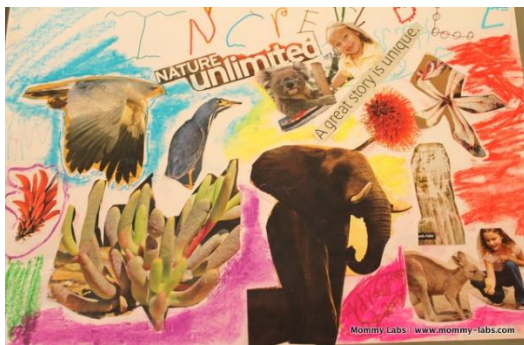


Build a Collage with your Little!

Your collage could just be things you liked or it could have themes, such as 'Ocean', 'Christmas' or 'Friendship'! See examples below.

Materials needed: *materials needed from home!

- Blank paper for the collage
- Age appropriate magazines or newspapers to cut up
- Scissors, glue, or tape

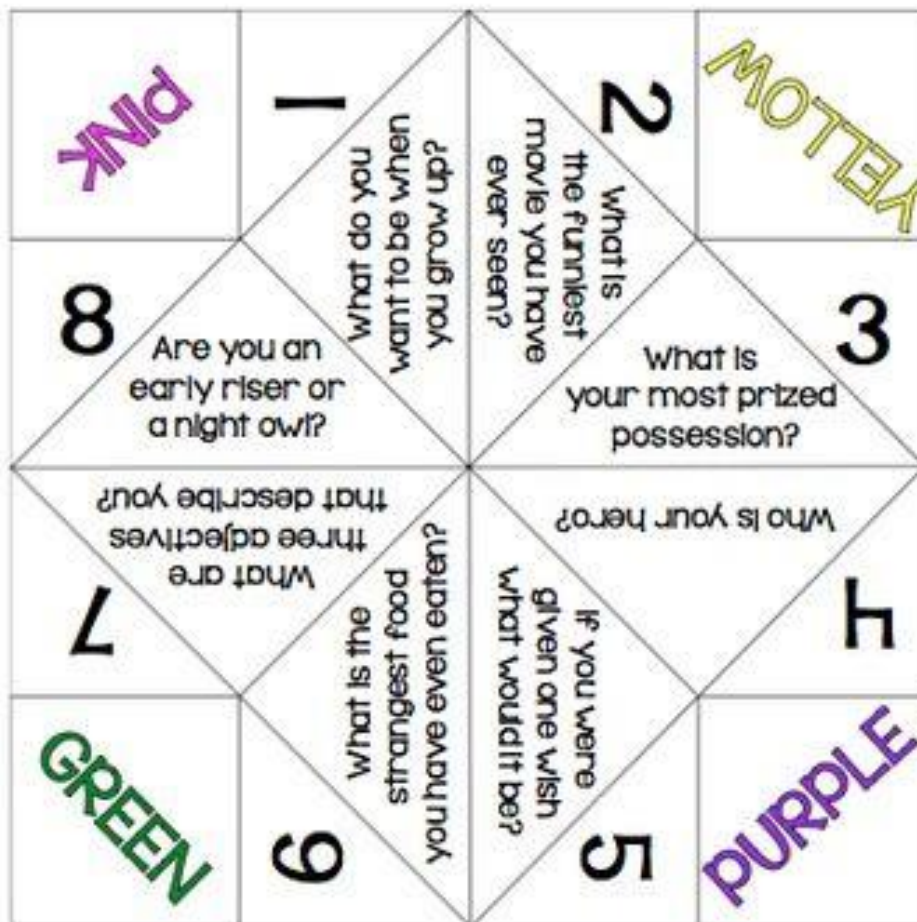


Make your own Fortune Teller!

Fortune tellers are fun to make and use! Follow the guidelines below to create your own fortune teller with your Little! After you've assembled it, you can label and write in it. Here are some examples!

Materials Needed:

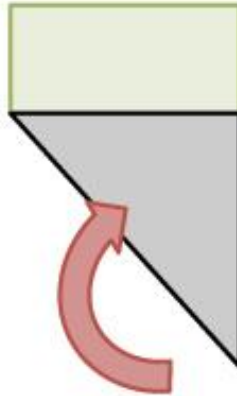
- Blank paper
- Scissors
- Markers or colored pencils



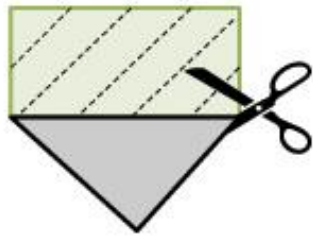
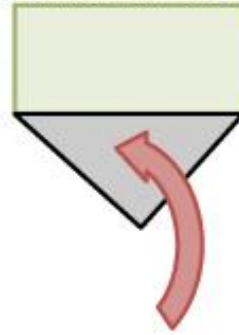
1 x sheet of A4 paper



Fold a corner



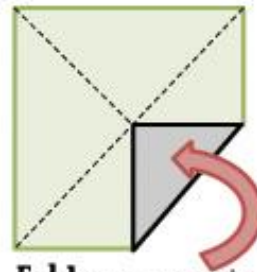
Fold the other corner



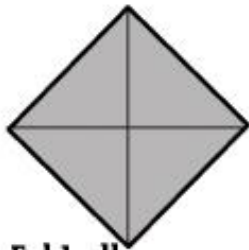
Cut along the top line



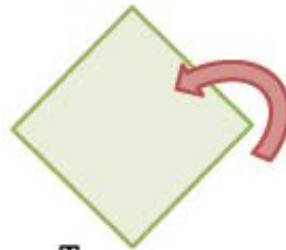
You are left with a square of paper



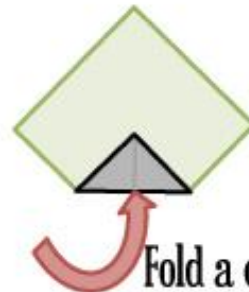
Fold a corner to the centre



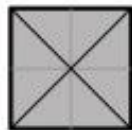
Fold all corners to the centre



Turn over



Fold a corner to the centre



Fold all corners to the centre



Turn over



Insert fingers and play!

Make a homemade card with your Little

Is a special Holiday coming up? Suggest making a card or cards with your Little! This could be for Valentine's Day, Christmas, Mother's Day, Birthdays etc. Take a look at some of the examples below!

Materials needed:

- Paper (construction paper, computer paper, anything!)
- Markers, colored pencils or crayons to draw with
- Scissors

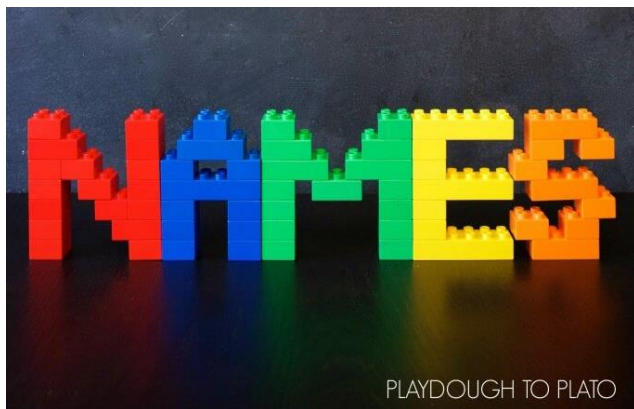


Build your (or your Little's!) name in Lego

Together with your Little, build your own name out of Legos! You can do this as a 2-D or a 3-D activity! See some ideas below.

Materials needed:

- Legos
- Paper if your Little wants to write their name out



Go on a Scavenger Hunt with your Little!

Inside or outside you can come up with items to hunt for with your Little. See some ideas below.

Materials needed:

- Paper to write on
- Marker, pen, pencil to write with
- Or plan ahead and type up and print out a hunt

Nature Scavenger Hunt

Name: _____

FERN 	PINECONE 	FLOWERS 	BERRIES 	JAGGED LEAF 
SPIDERWEB 	TREE WEBB MOSS 	MUSHROOM 	EARTH WORM 	ACORN 
SAWOOTH STONE 	FEATHER 	TREASURE 	LITTER 	ANIMAL TRACKS 
FLYING INSECT 	FALLEN BRANCH 	SOLID LEAF 	TREE STUMP 	BIRD'S NEST 
PUDDLE 	SNAIL SHELL 	SQUIRREL 	WEED 	SUNSHINE 

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ALPHABET Scavenger Hunt

Grocery Store Games on www.orsoshesays.com

Instructions: Try to find an item in the grocery store that starts with each letter of the alphabet. Mark the box once you find an item. Optional: Write the item name next to the box.

A <input type="checkbox"/>	J <input type="checkbox"/>	S <input type="checkbox"/>
B <input type="checkbox"/>	K <input type="checkbox"/>	T <input type="checkbox"/>
C <input type="checkbox"/>	L <input type="checkbox"/>	U <input type="checkbox"/>
D <input type="checkbox"/>	M <input type="checkbox"/>	V <input type="checkbox"/>
E <input type="checkbox"/>	N <input type="checkbox"/>	W <input type="checkbox"/>
F <input type="checkbox"/>	O <input type="checkbox"/>	X <input type="checkbox"/>
G <input type="checkbox"/>	P <input type="checkbox"/>	Y <input type="checkbox"/>
H <input type="checkbox"/>	Q <input type="checkbox"/>	Z <input type="checkbox"/>
I <input type="checkbox"/>	R <input type="checkbox"/>	

Scavenger Hunt



Find something..

- Red
- Soft
- Bumpy
- Sticky
- Smelly
- Green
- Noisy
- Cold
- Blue
- Hard
- Crunchy
- Yellow

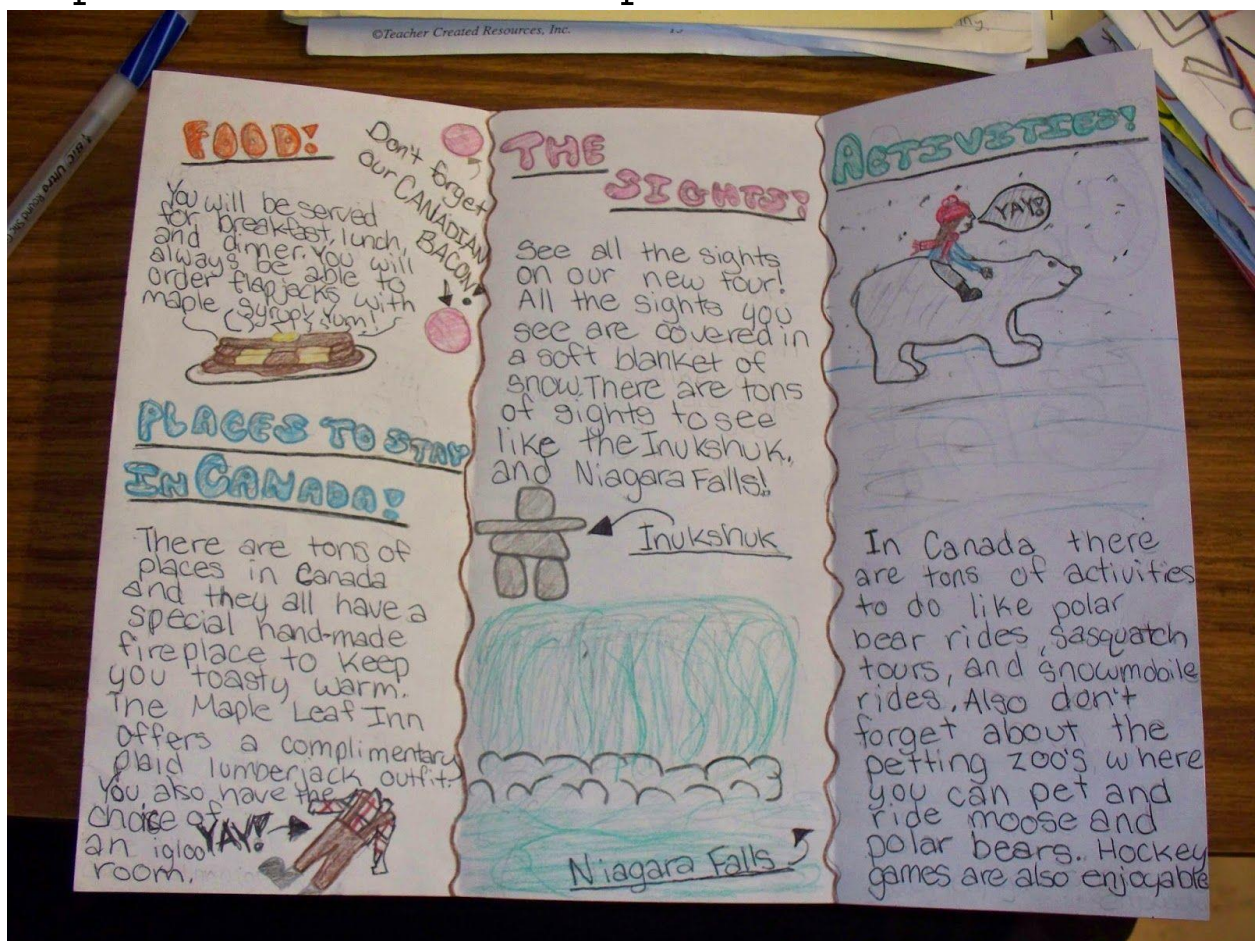
www.molosspeechblog.blogspot.com

Plan a Trip With Your Little!

Matches may not meet outside of school but you can still dream! Talk about where you would love to imagine spending time together and make a brochure. See some ideas below.

Materials needed:

- Paper to fold
- Drawing materials such as crayons, colored pencils, or markers
- Old magazines to cut and use photos from
- Or print out the attached templet



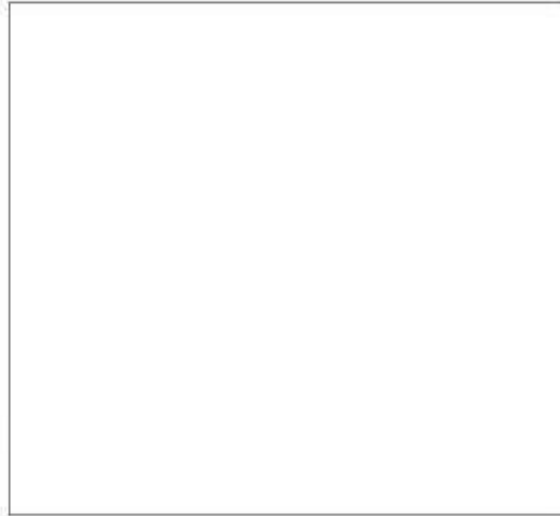
Travel Brochure

(name of place)



Fun Things To Do

- _____
- _____
- _____
- _____
- _____



I would like to vacation here because...



Paper Chain Challenge

Who can make the longest paper chain using one piece of paper?

Materials needed:

- 2 pieces of construction paper; one for you and one for your Little
- Scissors
- Tape or glue



Engineering Challenge

Can you make a toy out of an empty cardboard tube? See below for examples.

Materials needed: *materials needed from home!

- An empty toilet paper or paper towel roll
- Any other materials such as but not limited to paper clips, rubber bands, paper, string, tissues, markers, tape, glue etc.



Let Me Take a Selfie!

Draw a selfie! Be sure to include your hair color, eye color, and favorite color for a shirt or other accessories. Around the photo of yourself draw other things you love such as your favorite foods, animals, and places to visit.

Materials needed:

- Paper
- Drawing materials such as pencils and markers
- May also print the attached page to use as a templet





Name:

I am years old.

Favorites

Subject:

Book:

Food:

Candy:

TV Show:

Hobby:

Selfie

Three Words That Describe Me

- 1.
- 2.
- 3.

Fun Facts